

# ALIVE IN CHRIST

GRADE 1

Jesus Christ

[aliveinchrist.osv.com](http://aliveinchrist.osv.com)



**Our Sunday Visitor**

---

# Trinity



## Our Catholic Tradition

- The Holy Trinity is one God in three Divine Persons—God the Father, the Son, and the Holy Spirit. (ccc, 234)
- God the Father is the First Divine Person of the Holy Trinity. He loves and takes care of us. (ccc, 239)
- Jesus is the Second Divine Person of the Holy Trinity. He is the Son of God. (ccc, 262)
- The Holy Spirit is the Third Divine Person of the Holy Trinity. He helps us know Jesus and love God the Father. (ccc, 263)

What does the Bible teach us about Jesus?



# The Holy Trinity

## Let Us Pray

**Leader:** Your name is holy, O Lord our God.

“Give to the LORD the glory due his name.

Bow down before the LORD’s holy splendor!” **Psalm 29:2**

**All:** May we always remember that your name is holy. And so we pray: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## God’s Word

Jesus said to the disciples: “...Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you.”

**Matthew 28:19–20**



### What Do You Wonder?

- Why were you given your name?
- What does your name mean?

# Helping Others

## How can we be nice to others?

God always wants you to be nice to other people. Lion and Mouse have a problem. Read to find out how they solve the problem.

### The Lion and the Mouse

A mighty lion was fast asleep in the woods. Mouse thought Lion was a rock. She ran up his back. Lion woke at once.

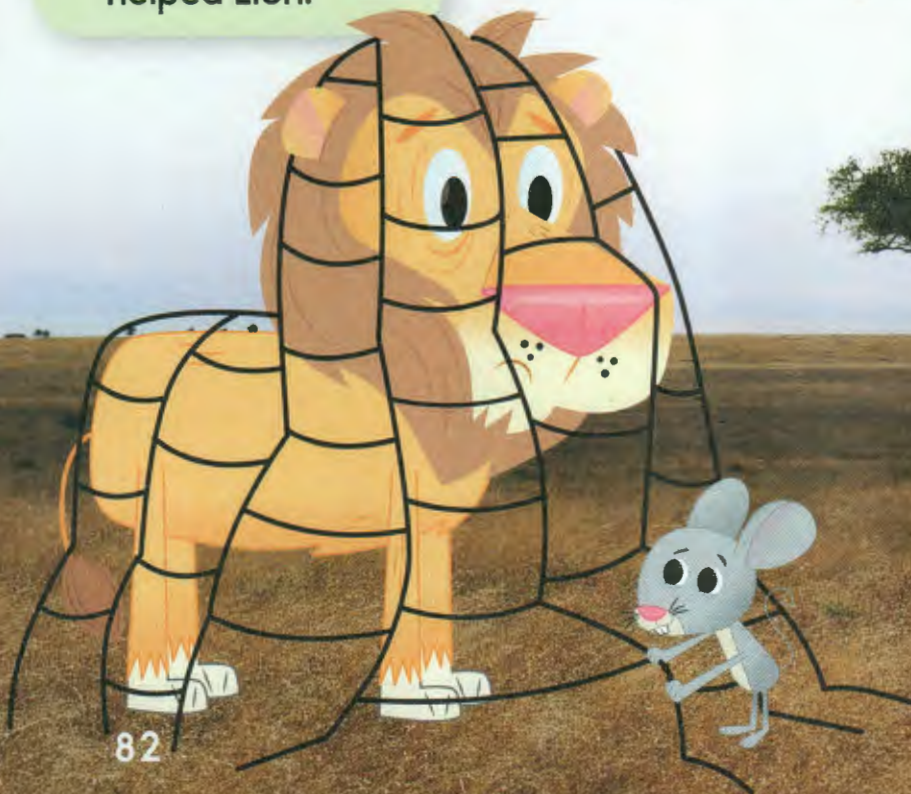
He grabbed poor Mouse's tail.

"How dare you wake me up?" he roared. "I am going to eat you!"

"Oh, please," Mouse said. "Let me go. Someday I will repay you."



1. Underline two things Lion did to Mouse.
2. Circle how Mouse helped Lion.



“Don’t be silly!” Lion roared.  
“How will you repay me? You are just a little mouse.” Then he laughed.  
“All right, go on,” he said.

He put Mouse down and she ran away quickly.

Many days had passed. Mouse ran by that same place. Mouse heard an awful roar. She soon found Lion caught in a net.

Quickly Mouse ran to the net. She chewed through the rope and set Lion free!

“Thank you,” roared Lion.

“You are welcome,” said Mouse. “Now I hope that you can see what a big help small friends can be!”



Brothers,  
sisters, and  
friends can help  
each other do  
big things.

## Share Your Faith

**Think** What did Lion learn about being a friend?

Small friends can

be a big help.

**Share** Who has been a good friend to you and why?

# God Is Love

## How does the Holy Trinity show love?

### Catholic Faith Words

**God the Father** the First Divine Person of the Holy Trinity

**Son of God** a name for Jesus that tells you God is his Father. The Son of God is the Second Divine Person of the Holy Trinity.

God cares for you like a good friend does. He loves you like a loving parent or grandparent does. He loves you even more than you can imagine.

You call him **God the Father**. You see his love in creation. You learn about his love from Jesus, the **Son of God**.

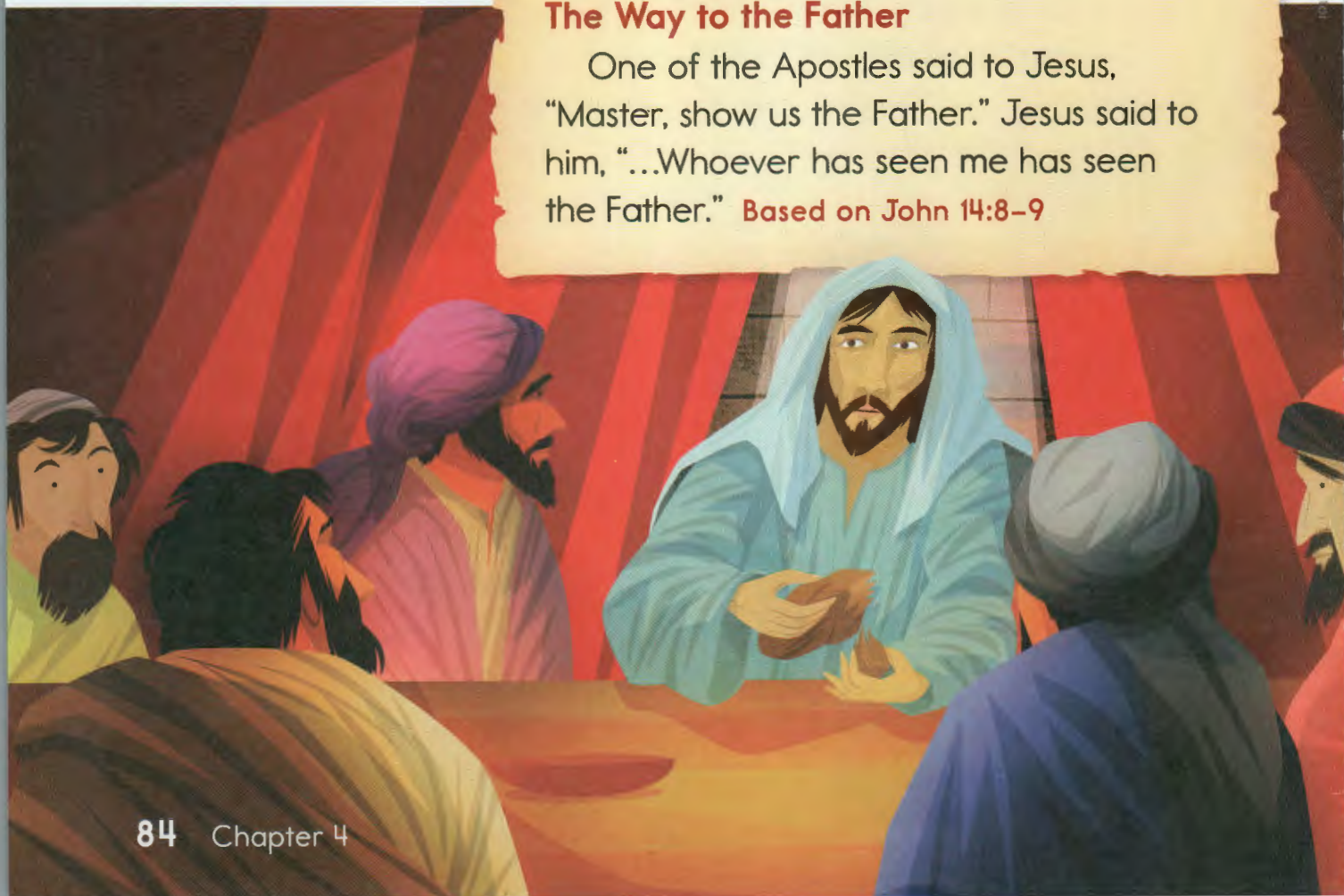
God the Father sent his Son to Earth to show people his love.



### God's Word

#### The Way to the Father

One of the Apostles said to Jesus, "Master, show us the Father." Jesus said to him, "...Whoever has seen me has seen the Father." **Based on John 14:8-9**



# The Holy Trinity

God the Father, God the Son, and God the Holy Spirit are the **Holy Trinity**. The Holy Trinity is the one God in three Divine Persons.

- Sometimes we say God or Lord when we pray to God the Father, from whom all things come.
- Jesus showed God's love by teaching, healing, and loving others.
- God the Holy Spirit helps you know and love Jesus and his Father.

## Catholic Faith Words

**Holy Trinity** the one God in three Divine Persons—God the Father, God the Son, and God the Holy Spirit

### Connect Your Faith

**Trace the Word** Trace the word to find the name for the three Divine Persons in one God. Then color in the signs of the Trinity.

Trinity



Holy Spirit



Father



Son

# Our Catholic Life

## What do we know about God?

Jesus taught people some important things about God. The most important thing he taught others is that God loves everyone.



Circle the words Father, Son, and Holy Spirit.

### Father, Son, and Holy Spirit

- God made all things, and cares for creation as our loving Father.
- God the Father sent his own Son, Jesus, to save all people, because he loves us.
- God sent his Holy Spirit to be with us always, because he loves us.

God the Father, God the Son, and God the Holy Spirit are the Holy Trinity.

Here is a way to remember what you know about the Trinity.

Father + Son  
+ Holy Spirit  
= 1 God  
= Love





# People of Faith

## Saint Patrick, 387–493

Saint Patrick was kidnapped by pirates when he was just a boy. They took him to Ireland to be a slave. After six years, Patrick escaped and went back to his family. Years later, he returned to Ireland as a priest. He showed people a shamrock to explain the Holy Trinity: one God in three Divine Persons.



March 17

**Discuss:** How is the Sign of the Cross also the sign of the Holy Trinity?



Learn more about  
Saint Patrick at  
[aliveinchrist.osv.com](http://aliveinchrist.osv.com)

## Live Your Faith

**Fill It In** Fill in the blank with the name of the correct Person of the Holy Trinity.

1. My name is Jesus. I taught people about God, my Father.

I am God the

Son.

2. I am with you always to help you share God's love.

I am God the

Holy Spirit.

3. I made the whole world, and I love and care for all people.

I am God the

Father.

 Let Us Pray

## Prayer of Praise

Gather and begin with the Sign of the Cross.

 **All:** Sing “The Sign of the Cross”

In the name of the Father,  
and of the Son,  
and of the Holy Spirit,  
Amen.

**Leader:** Glory be to the Father,

**All:** Glory be to the Father,

**Leader:** and to the Son,

**All:** and to the Son,

**Leader:** and to the Holy Spirit:

**All:** and to the Holy Spirit:

**Leader:** as it was in the beginning, is now,  
and will be forever.

**All:** as it was in the beginning  
is now, and ever shall be  
world without end.  
Amen.



## YOUR CHILD LEARNED >>>

This chapter introduces the Holy Trinity, the one God in three Divine Persons, and explains each Divine Person of God, what they do, and how they relate to one another.

### God's Word



Read **Matthew 28:19–20** as a family. Talk about how each of you helps others learn about God.

### Catholics Believe

- The Holy Trinity is God the Father, God the Son, and God the Holy Spirit.
- Jesus is the Son of God who came to show the Father's love and bring us closer to him.

To learn more, go to the *Catechism of the Catholic Church* #253–254 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Patrick. He used a common plant, the shamrock, to explain the profound mystery of the Holy Trinity.

## CHILDREN AT THIS AGE >>>

### How They Understand God as Trinity

The Holy Trinity is the most basic mystery of our faith, but it is still a mystery, even for us as adults. Many Catholic first graders have heard and said the words of the Sign of the Cross countless times. They are accustomed to hearing about God the Father, God the Son, and God the Holy Spirit. Still, your child may have particular difficulty understanding how God can be one and yet also three. This is a mystery that will continue to unfold as he or she grows in faith and in relationship with God.



## CONSIDER THIS >>>

What did you discover about love when your child was first placed in your arms?

Did you feel indescribable love? That experience of love begins in the heart of God, for God is love. "When a family becomes a school of virtue and a community of love, it is an image of the loving communion of the Father, Son, and Holy Spirit. It is then an icon of the Trinity" (*USCCA, p. 377*).

## LET'S TALK >>>

- Ask your child to name the three Divine Persons of the Holy Trinity.
- Show your child how we honor the Holy Trinity when we make the Sign of the Cross at the beginning and end of prayers.

## LET'S PRAY >>>



Saint Patrick, help us teach others about God the Father, God the Son, and God the Holy Spirit in the Holy Trinity. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

# Chapter 4 Review

**A Work with Words** Circle the correct answers.

1. Jesus is the \_\_\_\_ of God.

Son

Father

2. Who are the three Divine Persons of the Holy Trinity?

The Three Kings

Father, Son, and Holy Spirit

3. God is our \_\_\_\_ who loves and cares for us.

cousin

Father

**B Check Understanding** Trace the letters to complete the sentence.

4. There are three Divine Persons in the

Holy Trinity.

5. God the

Holy Spirit

helps you know and love Jesus and the Father.

