

# ALIVE IN CHRIST

GRADE 1

Jesus Christ

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**Our Sunday Visitor**

# Jesus Teaches Us to Pray

## Let Us Pray

**Leader:** God, we praise you always.

“Every day I will bless you;  
I will praise your name forever and  
ever.” **Psalm 145:2**

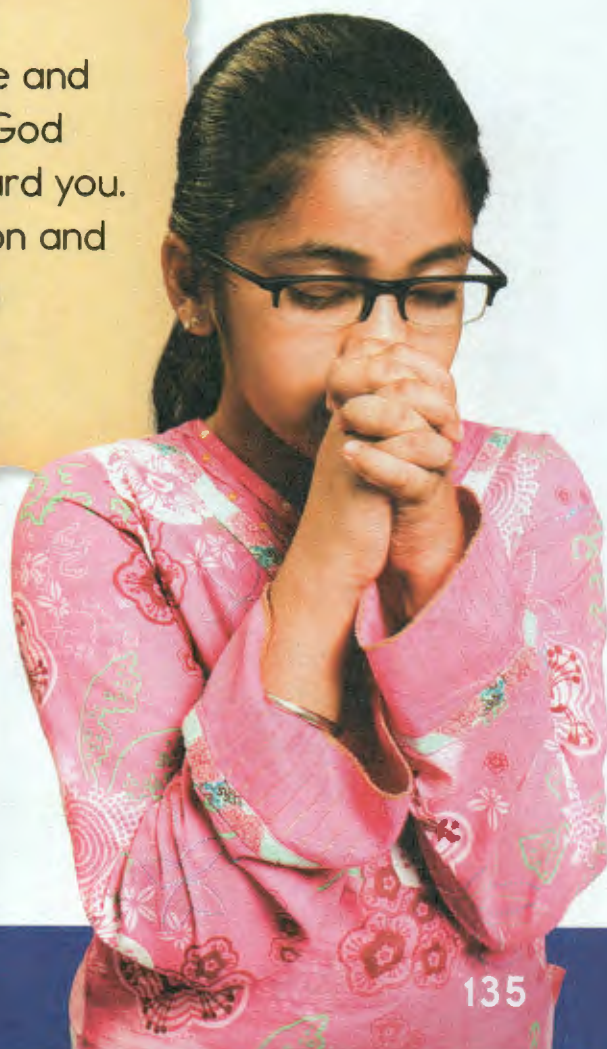
**All:** God, we praise you always. Amen.

## God's Word

When you pray, go into a room alone and close the door. Pray to God in private. God knows what you are doing and will reward you. When you pray, you don't have to talk on and on. God will listen to your short and long prayers. God knows what you need before you ask. **Based on Matthew 6:6-8**

### What Do You Wonder?

- Did Jesus pray?
- Why do we sometimes pray alone and sometimes together?





# Stay Close to God

## What are some ways to pray?

### Catholic Faith Words

**prayer** talking to and listening to God



Underline what it means to pray.

Talking with family and friends helps you feel close to them. Talking to and listening to God is called **prayer**.

God wants us to be his friends. He asks us to pray to him. We feel close to God when we pray.

Blessing prayers thank God for the good things he gives you. They ask God to keep caring for you and others.

➔ **What are some things you can thank God for when you pray?**





## Pray Anywhere

You can pray wherever you are. You can talk to God at home or in church. You can pray in your classroom or on the playground.

Begin your prayer by thanking God the Father for all that he gives you.

Wherever you are, God will hear you. You can say your own prayer. You can say prayers of the Church. You can pray silently or out loud. Praying with your family before meals and at bedtime is a special way to stay close to God and one another.

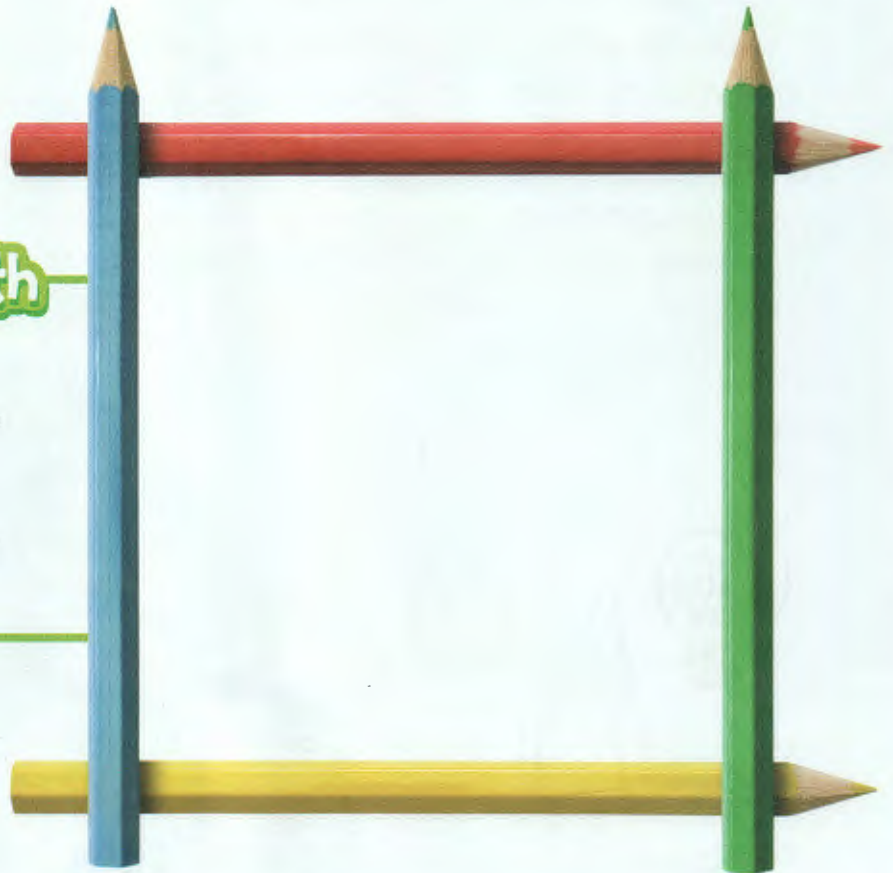


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### Share Your Faith

**Think** Draw a picture of something you want to thank God for.

**Share** your picture with a friend.



# Learn to Pray

**What special prayer did Jesus give his followers?**

You can learn songs, words, and actions to talk with God. You can use them to pray any time you wish.

The Church family can learn to pray together from the Bible. We should always give thanks to God for all he has given us. Let's read what Saint Paul tells us are some ways we can do that:



1. Circle ways that we can give thanks to God.
2. Color in the music notes below.



## God's Word

### How to Pray

Be filled with the Holy Spirit. Sing psalms, hymns, and spiritual songs—singing and playing to the Lord in your hearts, giving thanks always and for everything in the name of our Lord Jesus Christ to God the Father. **Based on Ephesians 5:18-20**





# The Lord's Prayer

At Mass and at other times, you pray a very important prayer called the **Lord's Prayer**. Jesus taught his friends to pray this way.

## Catholic Faith Words

**Lord's Prayer** the prayer Jesus taught his followers to pray to God the Father. This prayer is also called the Our Father.

### The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who  
trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.



## Connect Your Faith

**Pray Together** Write the name of someone that you pray with.

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# Our Catholic Life

## What do we ask God when we pray the Lord's Prayer?

The chart below explains what we are asking God for when we pray the Lord's Prayer.

### The Lord's Prayer

#### Words of the Prayer

Our Father, who art in heaven,  
hallowed be thy name;

Thy kingdom come, thy will be  
done on earth as it is in heaven.

Give us this day our daily  
bread,

and forgive us our trespasses,  
as we forgive those who  
trespass against us;

and lead us not into temptation,  
but deliver us from evil.

Amen!

#### What They Mean

God our Father, may we  
praise your holy name.

May we do what you ask  
here on Earth as the angels  
and Saints do in Heaven.

May we have the things we  
need today.

Please forgive us for the  
things we do wrong, and help  
us forgive those who hurt us.

Keep us safe from anything  
that would harm us or lead  
us away from you.

May it be so!

# People of Faith

## Saint Ephrem the Hymnist, 306–373

Saint Ephrem was a teacher and a poet, but he is best known for writing hymns. He wrote more than 400 hymns! He used the popular songs of his time, but changed the words to help people learn about Jesus and Mary and praise God. His hymns remind us how much God loves us and wants us to love him.



June 9

**Discuss:** How do you tell others how much God loves you?



Learn more about Saint Ephrem at [aliveinchrist.osv.com](http://aliveinchrist.osv.com)

## Live Your Faith

**Trace the Words** Trace the words to complete the first lines of the Lord's Prayer.

Our Father,

who art in heaven,

hallowed be thy name.



 Let Us Pray

# Anytime Prayer

Gather and begin with the Sign of the Cross.

**Leader:** We can pray in the morning, at the start of each day.

**All:** We can pray in the morning, at the start of each day.

**Leader:** And at every mealtime, we bow heads and pray.

**All:** And at every mealtime, we bow heads and pray.

**Leader:** We pray at our bedtime, at the end of our days.


**All:** We pray at our bedtime, at the end of our days.

**Leader:** For God is our Father, who listens always.

**All:** For God is our Father, who listens always.

**Leader:** Let us join in prayer to God our Father.

Pray the Lord's Prayer together.

 **All:** Sing "The Lord's Prayer"



## YOUR CHILD LEARNED >>>

The chapter describes the ways and reasons we pray and introduces the words and meaning of the Lord's Prayer.

### God's Word



Read **Matthew 6:6-8** to learn the ways that Jesus says we can pray.

### Catholics Believe

- Prayer is talking and listening to God.
- Jesus taught his friends how to pray the Lord's Prayer.

To learn more, go to the *Catechism of the Catholic Church* #2607-2612 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Ephrem. He loved to sing and give praise to God. He personally wrote more than 400 hymns.

## CHILDREN AT THIS AGE >>>

**How They Understand Prayer** Children who grow up in Catholic families, parishes, and schools have many opportunities to see people praying and to say prayers in groups. Children begin to respond to and relate to an unseen God when they see adults in their lives talking to God. It's important for your child to know that God is a friend he or she can talk to in his or her own words. It's also important to teach your child that prayer is listening as well as speaking.



## CONSIDER THIS >>>

Who did you most depend on as a child?

Many people might answer a parent, or family member. It is necessary for a child's emotional well-being to know that there is someone he/she can depend upon, someone who is trustworthy.

"A term that our Lord uses for Father is 'Abba!' [Daddy] This implies that Jesus is saying that a relationship with God [the Father] should be like that of a child, very close, personal, and dependent" (*USCCA, p. 484*).

## LET'S TALK >>>

- Talk with your child about the different ways your family prays together.
- Describe your favorite time or place to pray.

## LET'S PRAY >>>



Dear God, help us to know how much you love us and let us always sing to you like Saint Ephrem did. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).



# Chapter 9 Review

**A Work with Words** Trace the words to complete the sentence.

1. You can pray by \_\_\_\_\_

singing

2. One name to call God when you pray is \_\_\_\_\_

Father

3. Jesus taught his friends to pray the \_\_\_\_\_

Lord's Prayer.

4. \_\_\_\_\_ is talking and listening to God.

Prayer

**B Check Understanding** Circle the correct answers.

5. What pictures show ways to pray?



Singing to God



Talking to God



Swimming

