

# ALIVE IN CHRIST

GRADE 1

Jesus Christ

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**Our Sunday Visitor**

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# The Church's Guide

## Let Us Pray

**Leader:** Thank you, God, for your Holy Spirit.

“Teach me to do your will,  
for you are my God.  
May your kind spirit guide me  
on ground that is level.” **Psalm 143:10**

**All:** Holy Spirit, guide and teach us. Amen.

## God's Word

“...the fruit of the Spirit is love, joy, peace,  
patience, kindness, generosity, faithfulness,  
gentleness, self-control....If we live in the Spirit,  
let us also follow the Spirit.”

**Galatians 5:22-23, 25**

### What Do You Wonder?

- What helps you be patient and kind, to show love?
- How do you know that the Holy Spirit is with you?





Guides are there to help us on our journey.

## God the Holy Spirit

### How does the Holy Spirit guide us?

We need guides to help lead us and teach us. A ranger guides people who visit a park. A tour guide helps people to find important places in a city that they are visiting. A guide in the children's museum can help children to learn about the interesting things that are there.

You need a guide to stay close to God the Father and to Jesus, who is also God the Son. God the **Holy Spirit** will help guide you.

### Catholic Faith Words

**Holy Spirit** the Third Divine Person of the Holy Trinity

# The Work of the Holy Spirit

Jesus would soon be going back to God the Father. He promised his followers that a helper would come.

## God's Word

### Jesus Promises the Holy Spirit

Jesus said, "The holy Spirit that the Father will send in my name—he will teach you everything and remind you of all that [I] told you." **John 14:26**

The guide who came to them is the Holy Spirit. The Holy Spirit is with us today. He lives in the whole Church.

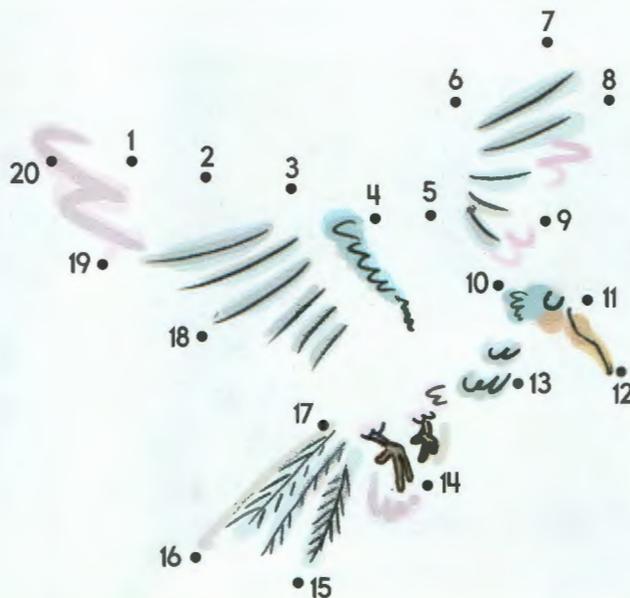


Underline the guide that Jesus promised to send.

## Share Your Faith

**Think** How is the Holy Spirit a guide to the whole Church? Connect the dots to find a symbol of the Holy Spirit.

**Share** Talk about how the Holy Spirit is a guide.



# Ways to God

## Who can show you the way to God?

Sometimes other people can show us the way to God. Saint Thérèse found a simple way to God.



Underline how Saint Thérèse worked for God.

## *Saint Thérèse of Lisieux*

Thérèse was the youngest child in her family. She knew that God loved her. She loved God very much, too.

She felt that God had not called her to do some of the great big, brave things that some of the Saints had done. But she knew she could still work for God through her little jobs. This is called “the little way.” She knew that God would see the love in her work.

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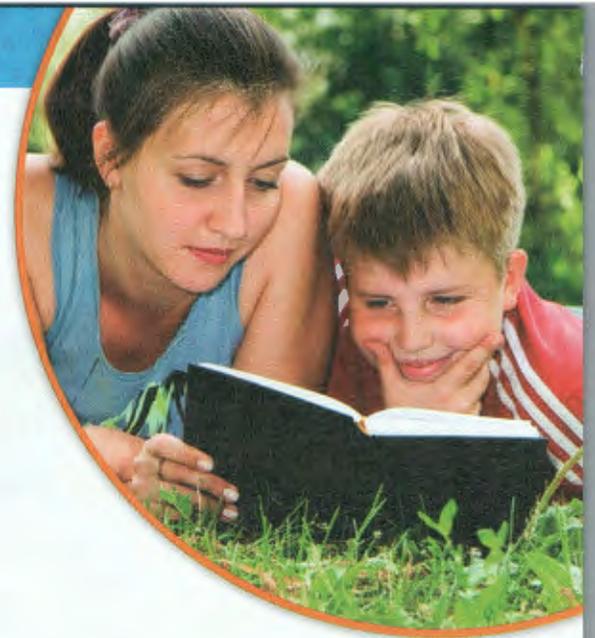


**Saint Thérèse  
of Lisieux**



After Thérèse grew up, she wrote about her little way in a book. Many people read the book and followed the little way. Thérèse helped many people find God. She is a special Saint.

➔ How does Thérèse's little way help people to do what God asks?



## A Guide for Everyone

Saint Thérèse led people to God's love. She did this because God the Holy Spirit guided her work. The Holy Spirit guides you, too. He will keep you close to God the Father and to God the Son.

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### Connect Your Faith

**Use the Code** Solve the code to learn who guides the Church. Write the letter that matches each number in the phrase below.

1 = H    2 = I    3 = L    4 = O    5 = P  
6 = R    7 = S    8 = T    9 = Y

God the      
          1       4       3       9

7       5       2       6       2       8

# Our Catholic Life

## How does the Holy Spirit help you?

The Holy Spirit came to help Jesus' friends. He gave them gifts like courage and understanding. Here are the Gifts the Holy Spirit gives you.

### Gifts of the Holy Spirit

#### Gift

#### How It Helps

wisdom

helps you see yourself and others as God sees you

understanding

helps you get along with others

right judgment (counsel)

helps you make good choices

courage (fortitude)

helps you act bravely

knowledge

helps you know God better

reverence (piety)

helps you pray every day

wonder and awe (fear of the Lord)

helps you understand how great and powerful God is



Check off two Gifts of the Holy Spirit that you have seen in your family this week.



# People of Faith

## Saint Rose of Lima, 1586–1617

Saint Rose of Lima was named Isabel at birth. Her family said she was as pretty as a flower, so they called her “Rose.” The Holy Spirit gave Rose the gift of piety. She prayed and fasted every day. She loved God’s wonderful world. She used her gift to grow beautiful flowers that she sold to help support her family and care for the poor.



August 23

**Discuss:** What gifts has the Holy Spirit given you?



Learn more about  
Saint Rose of Lima at  
[aliveinchrist.osv.com](http://aliveinchrist.osv.com)

## Live Your Faith

**Follow the Holy Spirit** If the action below shows love for God and others, color the dove of the Spirit. If the action does not show love, cross out the dove.



Share your new toy with a friend.



Call someone a bad name.



Help fold the laundry.



Pray.



Throw trash on the playground.

 Let Us Pray

# Asking Prayer

Gather and begin with the Sign of the Cross.

**Leader:** When I ask others to pray,

**All:** Come, Holy Spirit, guide me.

**Leader:** When I am afraid to do what is right,

**All:** Come, Holy Spirit, guide me.

**Leader:** When I need to help others,

**All:** Come, Holy Spirit, guide me.

 Sing "The Holy Spirit"

The Holy Spirit, sent from God above.  
The Holy Spirit, bringing peace and love.  
Receive the power of the Holy Spirit today!  
The Holy Spirit, giving strength each day.  
The Holy Spirit, showing us the way.  
Receive the power of the Holy Spirit  
today!

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## YOUR CHILD LEARNED >>>

*This chapter explores Jesus' promise to send the Holy Spirit—the Third Divine Person of the Holy Trinity—to guide the Church.*

### God's Word



Read **John 14:15–26** to learn how the Holy Spirit is always with us.

### Catholics Believe

- God the Holy Spirit is the Third Person of the Holy Trinity.
- The Holy Spirit fills people's hearts with love and guides the Church.

To learn more, go to the *Catechism of the Catholic Church* #737–741 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Rose of Lima. Rose used the Gifts of the Holy Spirit to live a holy life in seventeenth century Peru.

## CHILDREN AT THIS AGE >>>

**How They Understand the Holy Spirit** Even in the most general terms, “God” and “Trinity” are abstract concepts for first-grade children, but the Holy Spirit tends to be the most elusive of all. It's difficult for children this age to grasp this Person of the Trinity who also dwells within the hearts of all Christians. You can help make this more concrete by referring to Gifts and Fruits of the Holy Spirit. It will also help if your child understands that the Holy Spirit helps us to make good choices and prompts us to be loving toward others.



## CONSIDER THIS >>>

*Do you remember a time when you really needed a guide?*

Maybe the journey was long, or the best of directions were still not clear. A good guide can lessen frustration, get you where you need to be, or in some cases give you information you didn't know. The Holy Spirit guides the Church. Whenever you need direction, or you seek to know God's will in your life, remember—“We do not work alone. The Holy Spirit is our teacher and guide” (*USCCA, p.16*).

## LET'S TALK >>>

- Ask your child to share a time when he or she was guided or helped.
- Share about a time when the Holy Spirit guided you or helped you pray.

## LET'S PRAY >>>



Saint Rose, pray for us that we may always use the Gifts of the Holy Spirit in our lives. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

# Chapter 11 Review

**A Work with Words** Circle the correct answer to complete each sentence.

1. Jesus promised to send \_\_\_\_.

the Church

the Holy Spirit

2. The Holy Spirit guides the \_\_\_\_.

Church

animals

3. The Holy Spirit is the \_\_\_\_ Divine Person of the Trinity.

First

Third

4. The Holy Spirit gives us \_\_\_\_ to guide us.

gifts

time

**B Check Understanding** Trace the answers to the questions.

5. Who did Jesus send to guide us?

the Holy Spirit

6. What is one way you can follow the Holy Spirit?

Helping others

