

ALIVE IN CHRIST

GRADE 1

Jesus Christ

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Our Sunday Visitor

Morality



Our Catholic Tradition

- Jesus' words and actions teach us that we are to love and serve God and others. (CCC, 1721)
- The Ten Commandments are laws from God that tell us how to love God and others. (CCC, 2067)
- Sometimes we sin, but God always offers forgiveness when we are truly sorry. (CCC, 605, 982)
- God wants us to forgive others and forgive ourselves. (CCC, 1968)

Why does God give us
Commandments?



Disciples Serve

Let Us Pray

Leader: O Lord, teach me how to help others.

“I sing of mercy and justice;
to you, LORD, I sing praise.” **Psalm 101:1**

All: O Lord, teach me how to help others.
Amen.

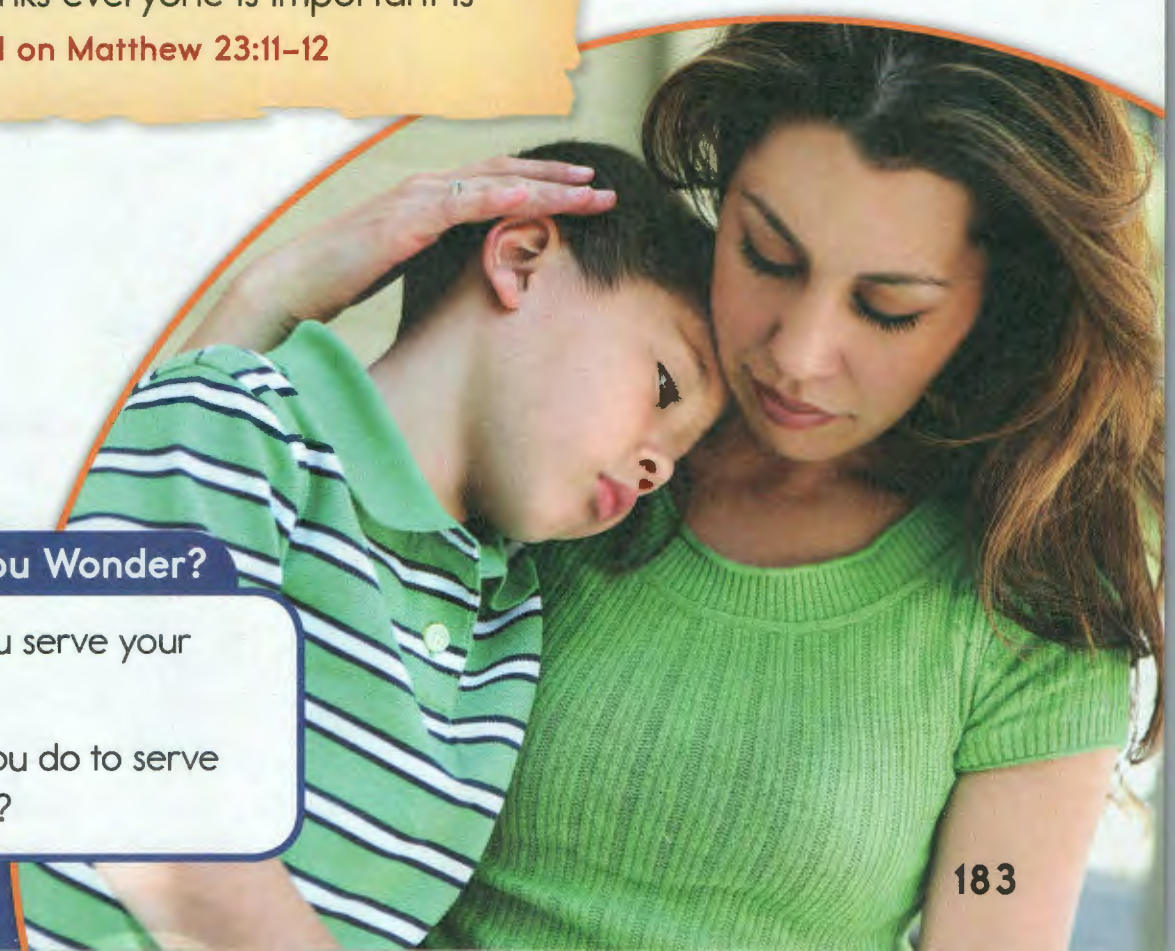
God's Word

The greatest among you must be your servant. Whoever thinks they are more important than someone else is wrong. Whoever thinks everyone is important is right. **Based on Matthew 23:11-12**

© Our Sunday Visitor

What Do You Wonder?

- How do you serve your friends?
- What do you do to serve your family?



Jesus the Servant

What does it mean to serve others?

Catholic Faith Words

serve to help or give others what they need in a loving way



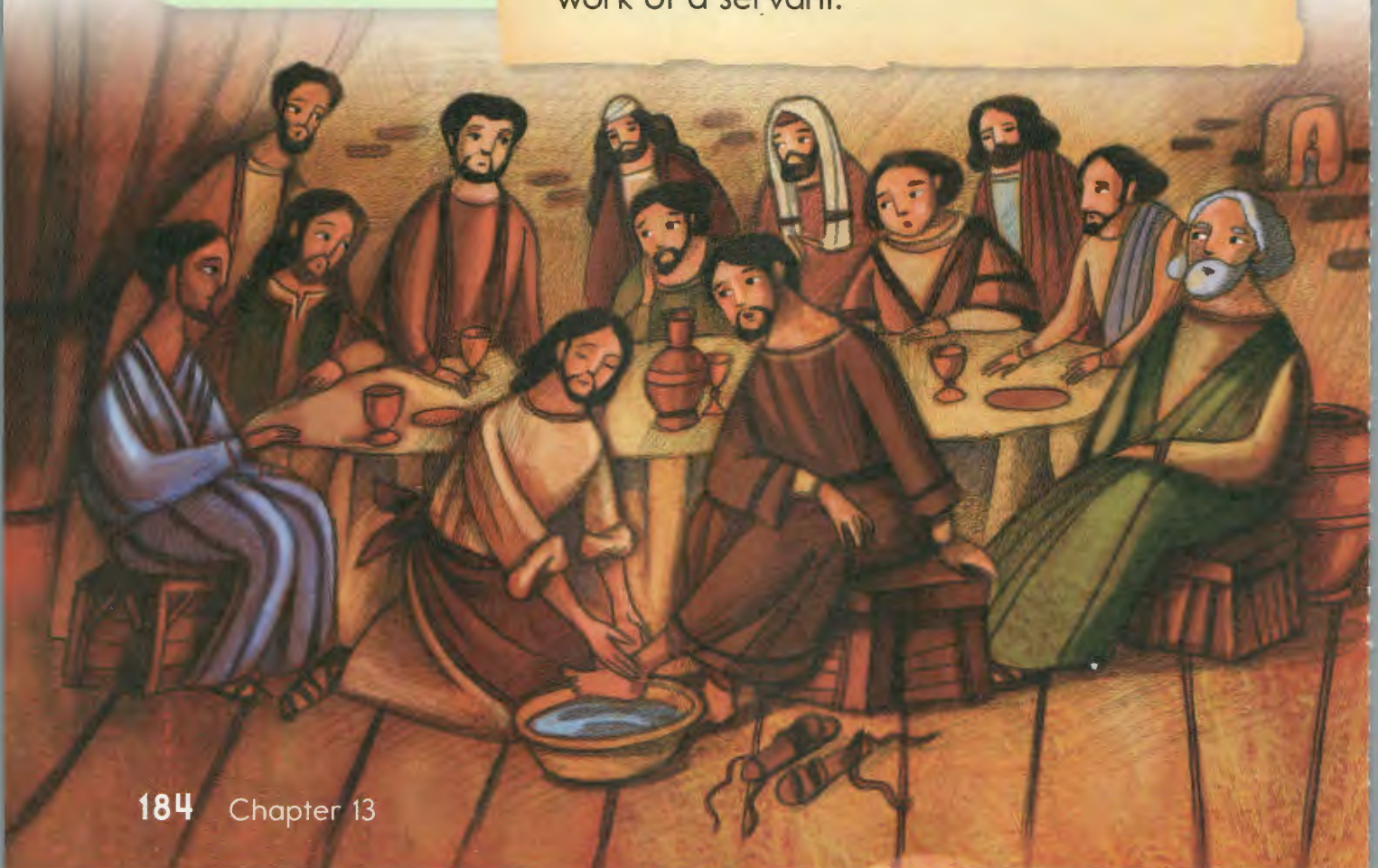
Underline what Jesus did to teach his followers.



God's Word

The Washing of the Disciples' Feet

One night Jesus shared a special meal with his followers. During supper, Jesus got up and tied a towel around his waist. He poured water into a basin. Jesus washed and dried his disciples' feet. His followers were surprised to see their teacher do the work of a servant.

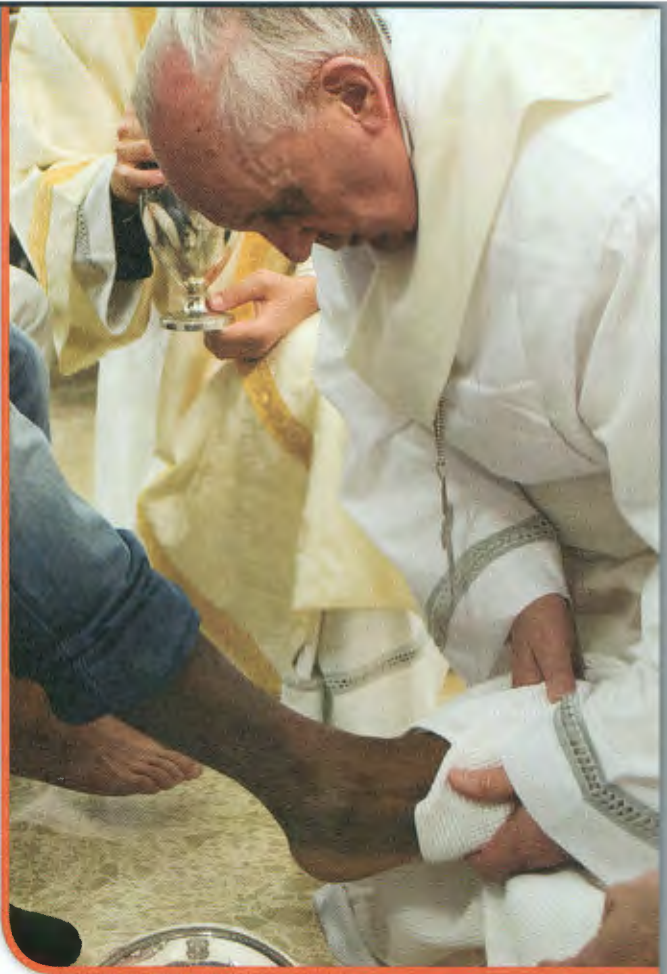


Jesus told them that if he would wash their feet that they should do the same and wash another's feet. He told them to serve others.

Based on John 13:2-17

Serve Like Jesus

Jesus served his followers. He taught them to serve others. Good helpers serve with love in their hearts. You can serve others in many ways.



Share Your Faith

Think Draw a picture of something you can do to help, or serve, people in your neighborhood.

Share your idea with a partner.

Disciples of Jesus

How can you be a follower of Jesus?

Catholic Faith Words

disciple a follower of Jesus who believes in him and lives by his teachings

Jesus used more than words to teach about God's love and how to serve others. He used actions, too. He showed people how to trust in his Father and help others.

You are a **disciple** of Jesus. This means you believe in him and follow his example. Jesus helped others.

➔ How can you be a helper to those around you?



Draw one way someone else has helped you.

Serve God and Others

Serving others made Jesus happy. Jesus served others with a kind heart. You can serve by letting others choose first or go ahead of you in line. You can serve by listening when someone needs a friend. When you serve, you can show God's love.



God the Father asks you to serve with a kind, happy heart. By serving others, you serve him. He wants you to be the best you can be. By developing good habits, your actions can make others happy.

Connect Your Faith

Word Search Use the Word List to find the words in the Word Search. Circle each word when you find it.

T	G	O	D	T	O	A	A
S	M	I	L	E	C	G	W
E	G	R	S	E	R	V	E
T	F	L	O	V	E	Y	O
V	A	F	K	H	E	L	P
U	R	U	T	K	R	D	B

Word List

.....

help

smile

love

serve

God

Our Catholic Life

How can you follow Jesus and serve others?

Jesus gave his friends an example of how to serve others. He said, "Follow me. Do what I do."

Following Jesus doesn't just mean washing people's feet. There are many ways to follow Jesus and serve others with love. Here are some ideas.



Place a check mark next to the things you would like to do.

Follow Jesus and Serve Others

- Hug someone who is lonely.
- Share food with someone who is hungry.
- Give a coat to someone who is cold.
- Cheer up someone who is sad.
- Help someone up who has fallen down.

People of Faith

Blessed Solanus Casey, 1870–1957

Solanus Casey lived in the United States. He worked very hard in school to become a priest. He asked God to show him how he could best serve others. Father Solanus listened to people and helped them with their problems. Many people were cured of sickness when Father Solanus prayed for them.



July 30

Discuss: What can you do to help one of your friends today?



Learn more about Father Solanus Casey at aliveinchrist.osv.com

Live Your Faith

Match the Actions Match one way that you could help the people in the pictures.



Be kind to someone who is lonely

Help pick up

 Let Us Pray

A Promise Prayer

Gather and begin with the Sign of the Cross.

Leader: Jesus said, “I am among you as the one who serves.” **Luke 22:27**

Follow in Jesus’ footsteps. Pray to be one who serves.

Leader: When someone needs a friend,

All: I will follow Jesus and serve.

Leader: When a job at home needs doing,


All: I will follow Jesus and serve.

Leader: When someone needs cheering up,

All: I will follow Jesus and serve.

Leader: When anyone needs help,

All: I will follow Jesus and serve.

 **All:** Sing “Jesus in the Morning”


Jesus, Jesus,
 Jesus in the morning,
 Jesus at the noontime;
 Jesus, Jesus, Jesus when
 the sun goes down!



YOUR CHILD LEARNED >>>

This chapter identifies a disciple as a follower of Jesus who believes in him, lives by his teaching, and connects serving others with serving God.

God's Word

 Read **Matthew 23:11–12** to learn who is truly greatest in God's eyes, the one seated at the table or the one who serves.

Catholics Believe

- Jesus' words and actions teach us how to love and serve God.
- When you serve others, you are serving God.

To learn more, go to the *Catechism of the Catholic Church* #1822–1827 at usccb.org.

People of Faith

This week, your child met Blessed Solanus Casey. He spent his life as a priest serving others in the humble job of doorkeeper.

CHILDREN AT THIS AGE >>>

How They Understand Serving Others Because they are naturally more focused on their own needs than on the needs of others, first-graders might sometimes fail to notice the ways in which they might be of help to another person. You can help your child with this by pointing out times when someone needs help or support and encouraging your child to think of some ways to be of service. It might also help to offer a few suggestions if he or she is unable to come up with ideas on his or her own.



CONSIDER THIS >>>


What motivates you to help others?

We all have different reasons for acting with charity. As Christians, however, we are united by the understanding that we are of service to one another because we have been united to Christ in Baptism and we act in his name. "In this communion of the Church, the members are called to love God, others, and self, and so to be a communal witness of the love by which Christ saved the world. By divine love we are joined to the communion of the Father, Son, and Holy Spirit" (*USCCA, p. 119*).

LET'S TALK >>>

- Talk about how Jesus washed his friends' feet and how they might have felt to have received his kindness.
- Ask your child to think of someone in your neighborhood who could use help. What kinds of things can you and your family do to help this person?

LET'S PRAY >>>

 Dear God, help us do our chores without complaining. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.

Chapter 13 Review

A Work with Words Draw a heart next to each sentence that tells about a person who is serving.

- Elena sees her teacher carrying a big stack of books. Elena walks away.
- A child is hurt on the playground. Trevor leads the crying child to a teacher.
- Alison sets the table for supper.

B Check Understanding Circle the best answer.

- Jesus washed his friends' feet as a sign of ____.
serving playing
- When you serve others, you show your ____ for God.
hope love
- God the Father wants you to be a ____ of Jesus.
leader disciple
- Name one way to serve God and others.

