

# ALIVE IN CHRIST

GRADE 2

Sacraments of Penance and Eucharist

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**Our Sunday Visitor**

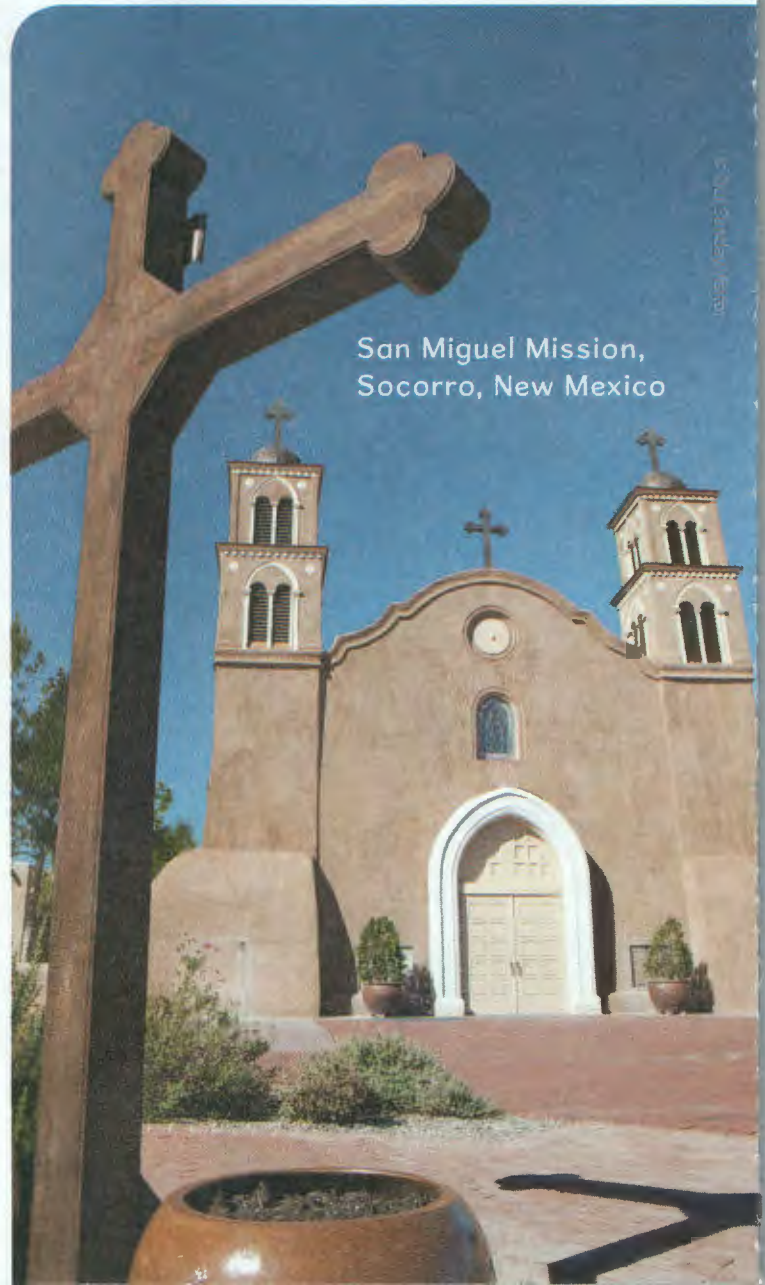
# The Church



## Our Catholic Tradition

- God shares his life with the Church. Grace is sharing in God's life. (CCC, 1997)
- The Seven Sacraments are signs and celebrations of God's life. They give us grace. (CCC, 1131)
- The Seven Sacraments help us celebrate our friendship with Jesus. They help us to follow him. (CCC, 1123)
- The Church year celebrates the Incarnation, life, Death, Resurrection, and Ascension of Jesus. (CCC, 1171)

How does Jesus share his life with us in the Sacraments?



San Miguel Mission,  
Socorro, New Mexico

# The Sacraments

## Let Us Pray

**Leader:** God, thank you for the blessings you give us.

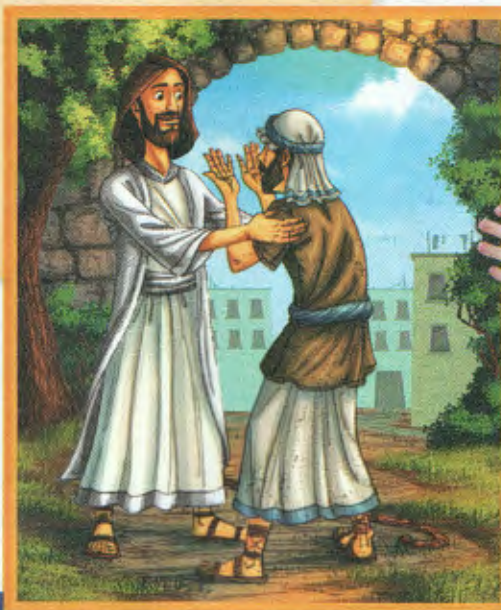
“Come and see the works of God,  
awesome in deeds before the  
children of Adam.” **Psalm 66:5**

**All:** Help us to see your gifts and fill our  
hearts with thanks. Amen.

## God's Word

Jesus and his disciples were approaching a town called Jericho. A blind beggar was sitting by the road. When he heard the crowd, he began to shout, “Jesus, Son of David, have pity on me!” People told him to be quiet, but he shouted louder. Jesus stopped and asked that the beggar be brought to him. “What do you want me to do for you,” Jesus asked? The blind man said, “Lord, please let me see.” Jesus said, “Have sight; your faith has saved you.” Immediately the blind man got back his sight and followed Jesus. And the people praised God.

Based on Luke 18:35–43



## What Do You Wonder?

- Why did Jesus heal the sick?
- Why do we celebrate the Seven Sacraments?

The Apostles gathering on the mountain where Christ sends them out to share the Good News and baptize in his name.

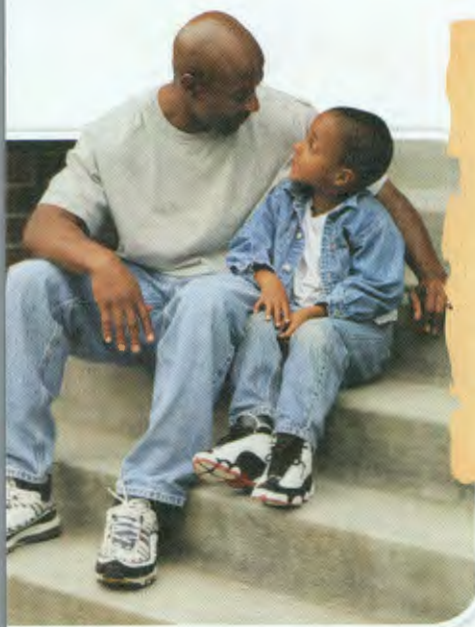


## Signs of God's Love

### What are the Sacraments?

Jesus' actions were signs of love that brought people closer to God the Father. Jesus welcomed people who felt alone. He fed people who were hungry. Jesus forgave and healed people. In these ways, Jesus shared God's life with others. Later, the Holy Spirit gave the Apostles the power to do what Jesus had done.

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### God's Word

#### The Commissioning of the Apostles

After his Resurrection, Jesus asked his Apostles to continue his work. "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you." **Matthew 28:19-20**

- ➔ What did Jesus ask the Apostles to do?
- ➔ Who has taught you about Jesus?

## Signs and Celebrations

The Catholic Church shares God's life and love through special celebrations called Sacraments. The **Seven Sacraments** are special signs and celebrations that come from Jesus and allow us to share in God's life.

**Baptism** is the first Sacrament a person receives. Through Baptism, a person receives forgiveness and new life in Christ. He or she becomes a child of God and a member of Christ's Body, the Church.

In Baptism, a priest or deacon pours water over the head of the person being baptized and says, "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit." The person is then anointed with oil and marked forever by God's love. Afterward, he or she receives a lit candle as a sign of walking in the light of Jesus.

## Catholic Faith Words

### Seven Sacraments

special signs and celebrations that Jesus gave his Church. They allow us to share in God's life and work.

**Baptism** the Sacrament in which a person is immersed in water or has water poured on him or her. Baptism takes away Original Sin and all personal sin, and makes a person a child of God and member of the Church.

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## Share Your Faith

**Think** What is one way girls and boys your age can walk in the light of Jesus?

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**Share** Take turns talking with a partner.



# The Seven Sacraments

## How do we become Church members?

In the Seven Sacraments, we receive the gift of God's life and help. This is called **grace**. Jesus is present in the Sacraments. He welcomes, heals, and feeds us.

In each Sacrament, the Holy Spirit does things that we can't see. But we are invited to cooperate with his work. We do this by things we can see: our words and actions in the celebration. When you receive the Sacraments, God's life in you grows. You grow in love for him and others.

Baptism, Confirmation, and Eucharist are the **Sacraments of Initiation**. *Initiation* means "beginning." These Sacraments welcome new members into the Catholic Church. Everyone is invited to follow Jesus and join the Church.

### Catholic Faith Words

**grace** God's gift of a share in his life and help

**Sacraments of Initiation** the three Sacraments that celebrate membership in the Catholic Church: Baptism, Confirmation, and Eucharist



1. Circle the Sacraments you have already received.
2. Draw a square around the ones you will receive soon.



**Baptism**



**Confirmation**



**Eucharist**

# The Sacraments of Initiation

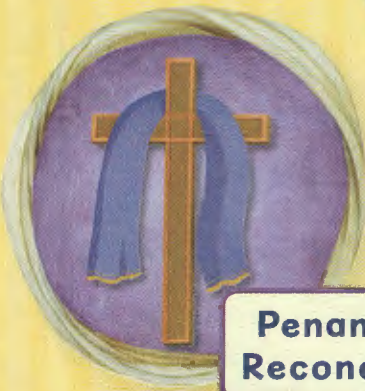
- Through **Baptism**, a person is given new life in Christ.
- In **Confirmation**, a person is sealed with the Gifts of the Holy Spirit and strengthened to follow Jesus.
- In the **Eucharist**, the Body and Blood of Christ help disciples grow closer to him and others.

People of any age can become members of the Catholic Church. Sometimes all three Sacraments of Initiation are received in the same celebration. Other times, they are spread over many years.



## Connect Your Faith

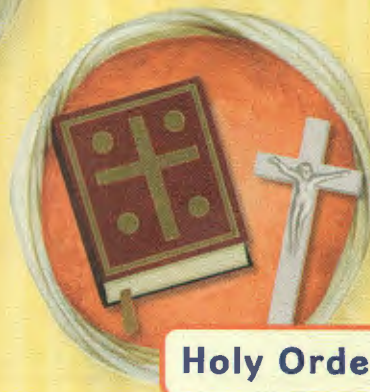
**Make a Card** Create a welcome message for a new Church member. Tell him or her something you think new Catholics need to know about the Sacraments and the Church.



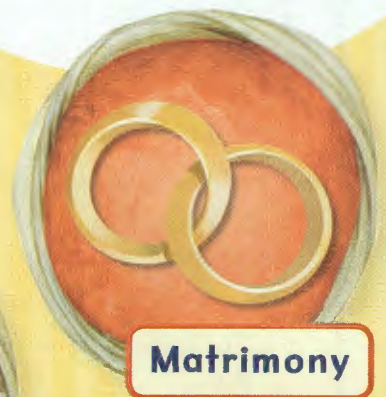
**Penance and Reconciliation**



**Anointing of the Sick**



**Holy Orders**



**Matrimony**

# Our Catholic Life

## How do the Sacraments help the Church?

Each of the Sacraments is a sign and a celebration. In the Sacraments, you receive grace. God's life and love help you be more loving. The grace of the Sacraments helps the whole Church community, too.



Match the first three Sacraments on the left to how they help the Church on the right.

### What It Celebrates

**Baptism** Becoming children of God and members of the Church

**Confirmation** Being sealed with the Gift of the Holy Spirit

**Eucharist** Jesus' sacrifice and the gift of his Body and Blood received in Holy Communion

**Penance and Reconciliation** God's forgiveness when we are sorry for and confess our sins

**Anointing of the Sick** God's healing love through prayer and anointing with oil

**Holy Orders** The call of a man to be a deacon, priest, or bishop

**Matrimony** The lifelong love of a baptized man and a baptized woman who become a new family

### How It Helps the Church

Feeds, heals, and unites the members of the Body of Christ

Welcomes new members into the Catholic family

Gives members the strength to follow Jesus' example

Brings people back into the Church and helps make peace

Gives support to people who are ill or elderly

Strengthens men to be leaders and to serve God and the Church

Builds family love and gives an example of loving care



# People of Faith

## Saint Pius X (Giuseppe Sarto), 1835–1914

Giuseppe Sarto was born in Italy. He became a priest and a teacher. He loved children and wanted everyone to learn about Jesus and the Church. When he became Pope, he took the name Pius X. He did many things to show how important the Eucharist is. He encouraged Catholics to receive Holy Communion every day, even children. He knew the Sacraments help us stay close to God.



August 21

**Discuss:** When do you feel close to Jesus?

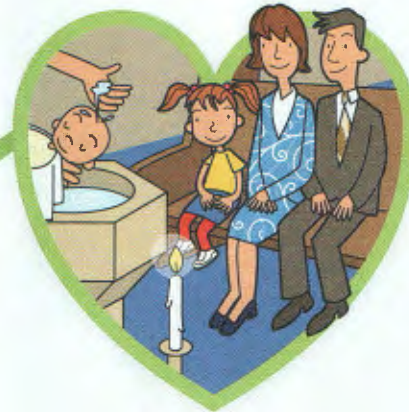


Learn more about Pius X  
at [aliveinchrist.osv.com](http://aliveinchrist.osv.com)

## Live Your Faith

**Tell** what is happening in the picture.

**Draw** one way you can make someone feel welcome and see God's love.



 Let Us Pray

## Remembering Baptism

Gather and begin with the Sign of the Cross.


**Leader:** Let us remember that we are God's children. We share in his life. We are disciples of Jesus.

**Reader 1:** Jesus sent his Apostles out to make disciples of others, to baptize them and teach them.

**Reader 2:** Paul wrote: You have been baptized. It does not matter who you are or where you come from. Baptism makes you a disciple of Jesus. **Based on Galatians 3:27-28**

**Leader:** When we were baptized, we were marked with the Sign of the Cross. Listen to what was said.  
 "My dear children, the Christian community welcomes you with great joy. In its name I claim you for Christ our Savior by the sign of the cross."  
 Rite of Baptism, 41

**Child:** Come forward when your name is called. Dip the fingers of your right hand in the water and bless yourself with the Sign of the Cross.

 **All:** Sing "The Seven Sacraments"  
 The Sacraments, the Seven Sacraments.  
 Signs that come from Jesus and give us grace.  
 The Sacraments, the Seven Sacraments. Signs that God is with us in a special way.

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## YOUR CHILD LEARNED >>>

*This chapter explains that Jesus shares his life with us in the Seven Sacraments. He welcomes, feeds, and heals us.*

### God's Word



Read **Luke 18:35–43** to learn about a man Jesus healed and how it changed the man's life.

### Catholics Believe

- Grace is a share in God's life and help.
- Sacraments are special signs and celebrations that come from Jesus and give grace.

To learn more, go to the *Catechism of the Catholic Church* #1145–1152 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Pius X. He was elected Pope in 1903 and is sometimes called "The Pope of the Eucharist."

## CHILDREN AT THIS AGE >>>

**How They Understand the Sacraments** It's a mystery to us, adults and children alike, that God invites us to communicate with him in his work. The Seven Sacraments have human actions and divine actions—the things people say and do and what God does through the Sacrament.

Your child might tend to only focus on the human actions—the things he or she can see. It's important that we direct children to the ways in which these visible signs help us understand the invisible reality—what God is doing in the Sacrament.



## CONSIDER THIS >>>

*Have you been a little overwhelmed lately? Do things sometimes seem out of control?*

As Catholics, "we recognize that many times in many ways God's special love is such that he offers us help to live in a way that leads to sharing his life... we face a struggle prompted by our culture's understanding that everything is within our human power." Learning to rely on God's grace changes our lives (*USCCA, p. 329*).

## LET'S TALK >>>

- Ask your child to name the first Sacrament we receive (Baptism).
- Share about your child's Baptism and how it was special.

## LET'S PRAY >>>



Saint Pius X, pray to God for us that we may receive Jesus in Holy Communion with reverence. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

# Chapter 10 Review

**A Work with Words** Complete each sentence with the correct word or words from the Word Bank.

1. Baptism and Eucharist are Sacraments of \_\_\_\_\_.
2. During \_\_\_\_\_ water is poured over the person's head.
3. In Confirmation, you are made stronger by the \_\_\_\_\_.
4. Sharing in God's life is called \_\_\_\_\_.
5. Each Sacrament is a sign of God's \_\_\_\_\_.
6. Jesus is present in the \_\_\_\_\_.

## Word Bank

Sacraments

Holy Spirit

Baptism

love

grace

Initiation

**B Check Understanding** Fill in the circle beside the correct answer.

7. The Seven Sacraments are \_\_\_\_\_.  
 holy signs                       holy days
8. \_\_\_\_ people are invited to follow Jesus and join the Church.  
 All                                       Some
9. Jesus sent his Apostles out to \_\_\_\_ and baptize.  
 eat                                       teach
10. At Baptism, a \_\_\_\_ is given to show the light of Jesus.  
 white garment                       candle

