

# ALIVE IN CHRIST

GRADE 3

The Church

[aliveinchrist.osv.com](http://aliveinchrist.osv.com)



**Our Sunday Visitor**

# Sacraments of Healing



## Let Us Pray

**Leader:** O God, give me strength.

“O LORD, my God,  
I cried out to you for help and you  
healed me.” **Psalm 30:3**

**All:** Son of God, you comforted those you met as you taught and traveled. So many people are sick today. Bless them, Jesus, and help them to know that you are there with them. Amen.



## God's Word

After crossing the sea, Jesus and his disciples came to a small town. When the men of that town recognized him, they sent word to the surrounding villages. People brought all those who were sick and begged Jesus to let them touch the hem of his robe. All who touched it were healed. **Based on Matthew 14:34–36**



### What Do You Wonder?

- Why do people get sick?
- Does Jesus work through some people to heal others?

# Jesus Heals

## How can faith lead to healing?

During his life, Jesus cared for people who were sick or in need of forgiveness. He healed people who had faith in him. Read this story about Jesus healing a man's daughter.

### God's Word

#### Jesus Gives New Life

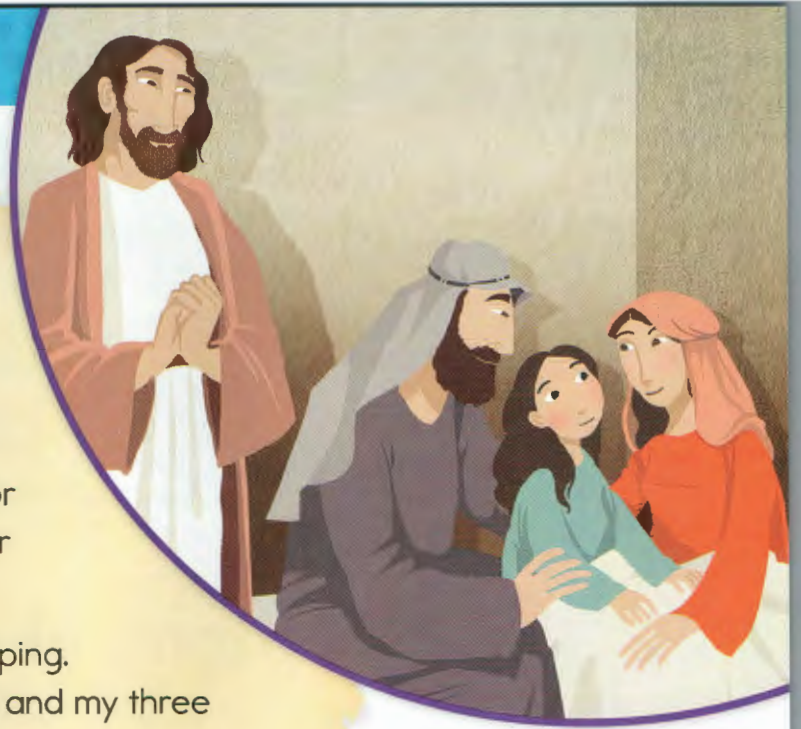
**Jairus:** Please let me through. I must talk to Jesus.

**Woman:** You look worried. Stand aside. Let this man through to see Jesus.

**Jairus:** Jesus, please. I beg you to come to my home. My only daughter is dying.

**Jairus's servant:** Jairus, I have sad news. Your daughter is dead.





**Jesus:** Jairus, don't be afraid. Have faith, and your daughter will be all right. [Jesus walks to Jairus's house.]

**Jairus's wife:** Jesus, thank you for coming to our home. Our daughter has died and we are very sad.

**Jesus:** She isn't dead. She is sleeping. Now everyone except her parents and my three friends must leave.

**Crowd:** He doesn't know what he's talking about. She really is dead!

**Jesus:** [touching the girl] Child, wake up! [The girl wakes up; her parents hug her.]

**Jesus:** Please don't tell anyone about what I did here today.

**Jairus's wife:** Thank you so much, Jesus! You have given us back our daughter. **Based on Luke 8:40-42, 49-56**

## Share Your Faith

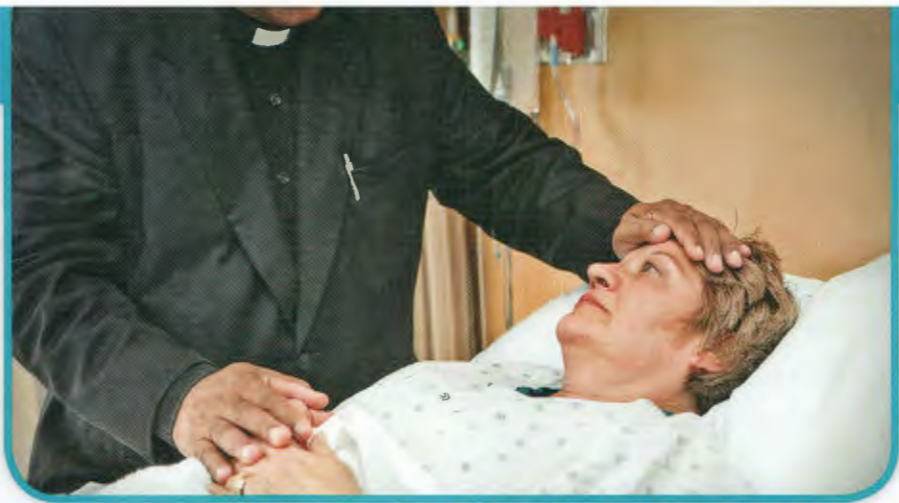
**Think** Reflect on the story of the healing of Jairus's daughter. Make a list of the type of scenery, the characters in the story, and the props you would need to act it out.

1. **Scene:** \_\_\_\_\_

2. **Characters:** \_\_\_\_\_

3. **Props:** \_\_\_\_\_

**Share** Act out the story with a small group.



## Catholic Faith Words

### Sacraments of Healing

Penance and Reconciliation and the Anointing of the Sick. In these Sacraments, God's forgiveness and healing are given to those suffering physical and spiritual sickness.

## Signs of Healing

### How do these Sacraments help us?

The **Sacraments of Healing** are Penance and Reconciliation and the Anointing of the Sick. These Sacraments help bring forgiveness and healing to those who are physically and spiritually sick.

During Penance, you confess your sins to a priest and are absolved (forgiven). In the Anointing of the Sick, the priest prays that God will send his healing love to the sick person. This Sacrament shows that all life is special and sacred.

Only a priest can preside at the Sacraments of Healing. Like all Sacraments, these Sacraments use words and actions to show God's love.

© Our Sunday Visitor

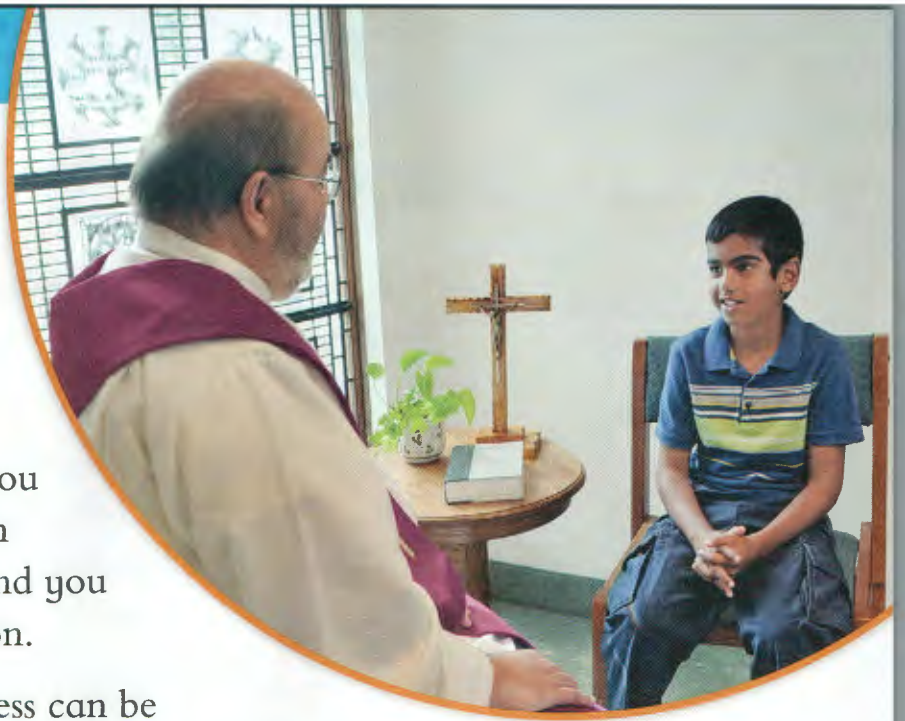
## Sacraments of Healing

	Reconciliation	Anointing of the Sick
Actions	The priest extends his hand in blessing.	The priest uses the Oil of the Sick to anoint the head and hands of the person who is very sick or aged.
Words	"I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit."	"Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up."

## Sin and Sickness

Sin and sickness are different in a very important way. Sickness may separate you from others, but you do not choose to be sick. When you sin, you make a choice to turn away from God and others; and you are responsible for that decision.

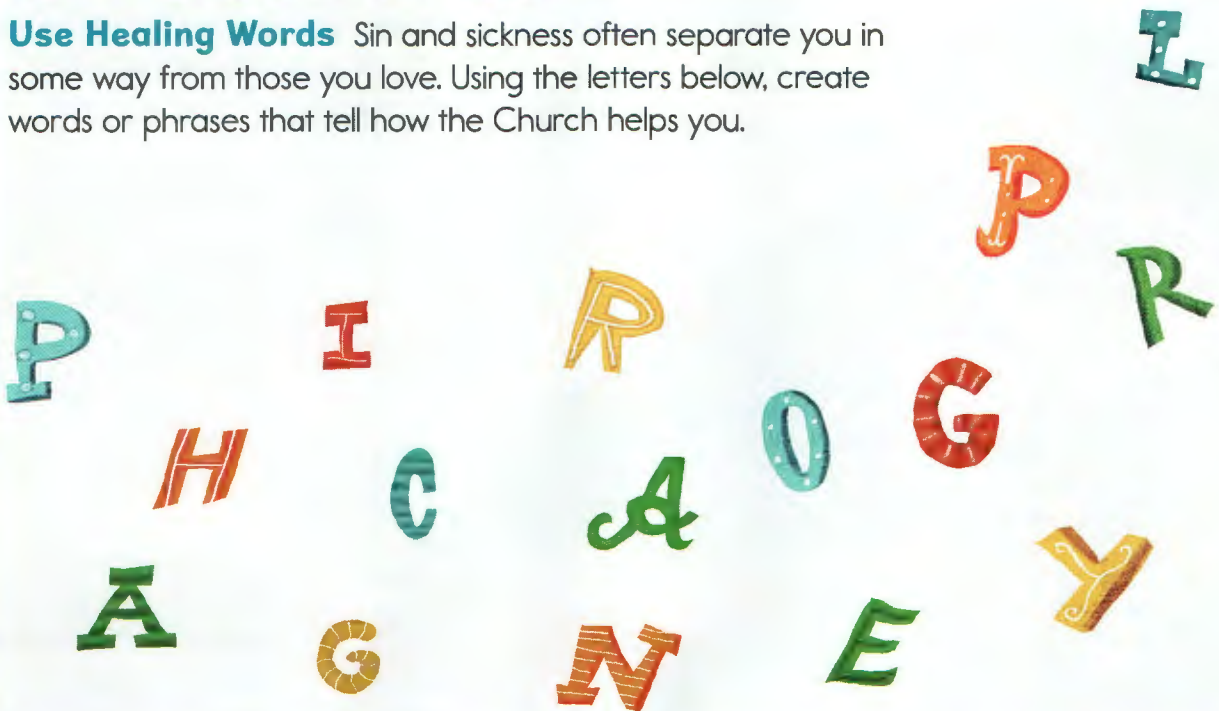
The effects of sin and sickness can be similar. Both can make you feel separated from God and from people you love. The Sacraments of Healing allow the community a chance to share your sorrows and joys. These Sacraments show God's mercy and our trust in his loving care. The Church prays for spiritual and physical healing from God.



Underline the effects of sin and sickness.

### Connect Your Faith

**Use Healing Words** Sin and sickness often separate you in some way from those you love. Using the letters below, create words or phrases that tell how the Church helps you.



## Our Catholic Life

### How can you participate in the Sacraments of Healing?

Everyone has been hurt at one time or another. Healing from an injury can be fast or slow. The Sacraments of Healing are the Church's way to help those who need healing. Your parish celebrates the Sacraments of Healing often.

- Your parish might celebrate Reconciliation every week on Saturdays or before Mass.
- A priest may anoint someone who has been or may be sick for a long time.
- You can participate in Penance and Reconciliation whenever you need to. You may or may not need to receive the Sacrament of Anointing of the Sick in your lifetime.
- Both Sacraments of Healing give God's grace and help to strengthen you as a follower of Jesus.



Priests anoint those who are aged or seriously ill with the Oil of the Sick.

# People of Faith

**Saint Marianne Cope, 1838–1918**

January 23

Saint Marianne Cope was born in Germany, but came to the United States as a baby. After her father died, she helped raise her brothers and sisters. When she was 24, she became a Franciscan sister. She worked in hospitals in New York. One day she learned that King Kalakaua of Hawaii was asking for sisters to come to the islands to work with lepers. Saint Marianne and six other sisters traveled to Honolulu. She spent many years caring for lepers on the island of Molokai. This is the same island where Saint Father Damien helped care for those dying of leprosy.



**Discuss:** What do you do when you are sick?  
How can Jesus make you feel better?



Learn more about Saint Marianne Cope at [aliveinchrist.osv.com](http://aliveinchrist.osv.com)

## Live Your Faith

**Write a Story of Healing** Write a short story about a child who receives one of the Sacraments of Healing.

---

---

---

---

---

---

---

---

---

---





 Let Us Pray

## Prayer for Healing

Gather and begin with the Sign of the Cross.

**Leader:** God wants us to ask for what we need in prayer. We pray now for those people we know who need God's healing.

**Reader 1:** Loving God, you take every family under your care.

**Reader 2:** You know our physical and spiritual needs.

**All:** Strengthen us with your grace so that we may grow in faith and love.

**Reader 1:** Loving God, you provide comfort for those who are sick.

**Reader 2:** You give them courage and peace.

**All:** Strengthen them with your grace so that they may know your love and care.

**Reader 1:** We ask this through our Lord Jesus Christ, your Son,

**Reader 2:** Who lives and reigns with you and the Holy Spirit.

**All:** One God, forever and ever.  
Amen.

Based on a prayer from the  
*Rite of the Anointing of the Sick*



Sing "Heal Us, Lord"  
Heal us, Lord.  
We feel the power of your love.  
Let your Spirit come unto us.

© 2001, John Burland. All rights reserved.



## YOUR CHILD LEARNED >>>

This chapter describes the words and actions of the Sacraments of Healing: Penance and Reconciliation and the Anointing of the Sick.

### God's Word



Read **Matthew 14:34–36** and discuss any healing you may need.

### Catholics Believe

- In the Sacraments of Healing, God's forgiveness and healing are given to those suffering physical and spiritual sickness.
- In Penance, a priest absolves sin. In the Anointing of the Sick, the priest anoints and prays for God to send his healing love.

To learn more, go to the *Catechism of the Catholic Church* #1420, 1421, 1424 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Marianne Cope, who worked to help sick people in New York and, later, lepers in Hawaii.

## CHILDREN AT THIS AGE >>>

### How They Understand the Sacraments of Healing

As mentioned in earlier chapters, the beginning awareness of community is characteristic of third-graders. Because of this, children this age can see the Sacraments of Healing as a way in which the Catholic community shows its care for those who are in need of physical and spiritual healing. This is also a good time to raise awareness of ways in which your child can personally show care to someone who is suffering through direct actions and through prayer.



## CONSIDER THIS >>>

Have you ever prayed for someone to be healed?

We suffer when we see others in pain. The sense of helplessness and sorrow moves us to turn to God for help. "When the Sacrament of Anointing of the Sick is given the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age" (*USCCA, p. 254*).

## LET'S TALK >>>

- Talk about a time when someone you know has been anointed while they were sick.
- Ask your child to name some ways that the Sacraments of Healing can help people.

## LET'S PRAY >>>



Saint Marianne Cope, help us to be kind and loving to all who are sick. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

# Chapter 17 Review

**A Work with Words** Complete each sentence with the correct word from the Word Bank.

1. During Penance and Reconciliation you confess your sins and are \_\_\_\_\_.
2. Illness, such as a cold or flu, is called \_\_\_\_\_ sickness.
3. Only a \_\_\_\_\_ can perform a Sacrament of Healing.
4. \_\_\_\_\_ is choosing to turn away from God.
5. Living with sin and not participating in Reconciliation can be called \_\_\_\_\_ sickness.

## Word Bank

priest

forgiven

sin

physical

spiritual

**B Check Understanding** Write the letter T if the sentence is TRUE. Write the letter F if the sentence is FALSE.

6. Faith in Jesus' healing power was important in the story of Jairus's daughter.
7. Penance is a Sacrament of Initiation.
8. The Sacraments of Healing bring forgiveness and healing to those who are physically and spiritually sick.
9. Oil is used for Penance and Reconciliation.
10. The Sacraments show God's mercy and loving care.

