

ALIVE IN CHRIST

GRADE 5

The Seven Sacraments

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Our Sunday Visitor

Celebrating the Paschal Mystery

Let Us Pray

Leader: God of life, you who break the bonds of death, lead us to life in you.

“You will show me the path to life,
abounding joy in your presence,
the delights at your right hand forever.” **Psalm 16:11**

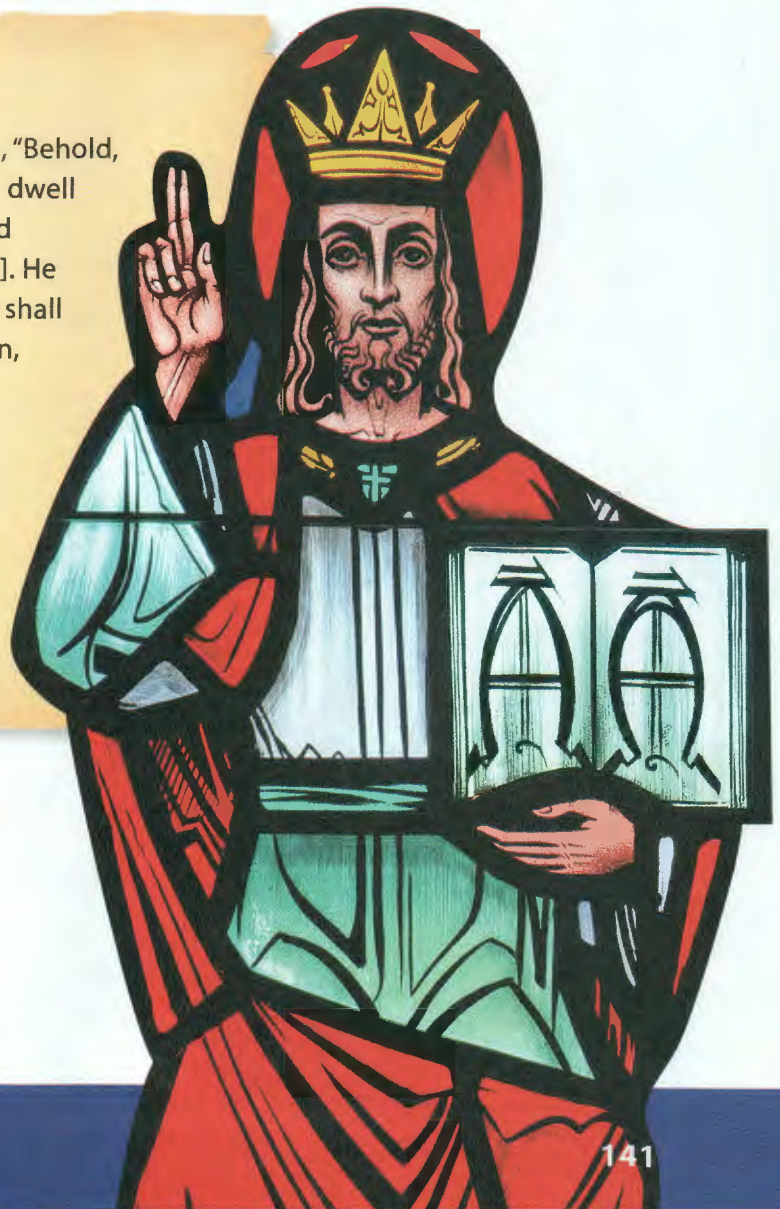
All: Lead us, O God, from death into life. Amen.

Scripture

I heard a loud voice from the throne saying, “Behold, God’s dwelling is with the human race. He will dwell with them and they will be his people and God himself will always be with them [as their God]. He will wipe every tear from their eyes, and there shall be no more death or mourning, wailing or pain, [for] the old order has passed away.”

The one who sat on the throne said, “Behold, I make all things new.” Then he said, “Write these words down, for they are trustworthy and true.” He said to me, “They are accomplished. I [am] the Alpha and the Omega, the beginning and the end.”

Revelation 21:3–6



What Do You Wonder?

- How can all things be made new?
- What is the Paschal Mystery?

A Witness to God's Love

How did Saint Teresa of Calcutta witness to Jesus' love for all?

In the slums of Calcutta, India, a small figure dressed in white ministered to the needs of the poor and sick. She was a teacher, a nurse, and a champion of the powerless. She was Mother Teresa, and her influence has spread throughout the world.

Saint Teresa of Calcutta

Saint Teresa was born to Albanian parents in what is now Macedonia in 1910. When she was eighteen, she followed her vocation to Ireland, where she joined the Sisters of Loreto. After training, she went to the sisters' mission in Calcutta.

While teaching high school there, she saw poor people suffering all around her. In 1946, Saint Teresa experienced her "call within a call." She knew God

Saint Teresa of Calcutta holds a baby during a Right to Life convention in Washington, D.C. in 1985.

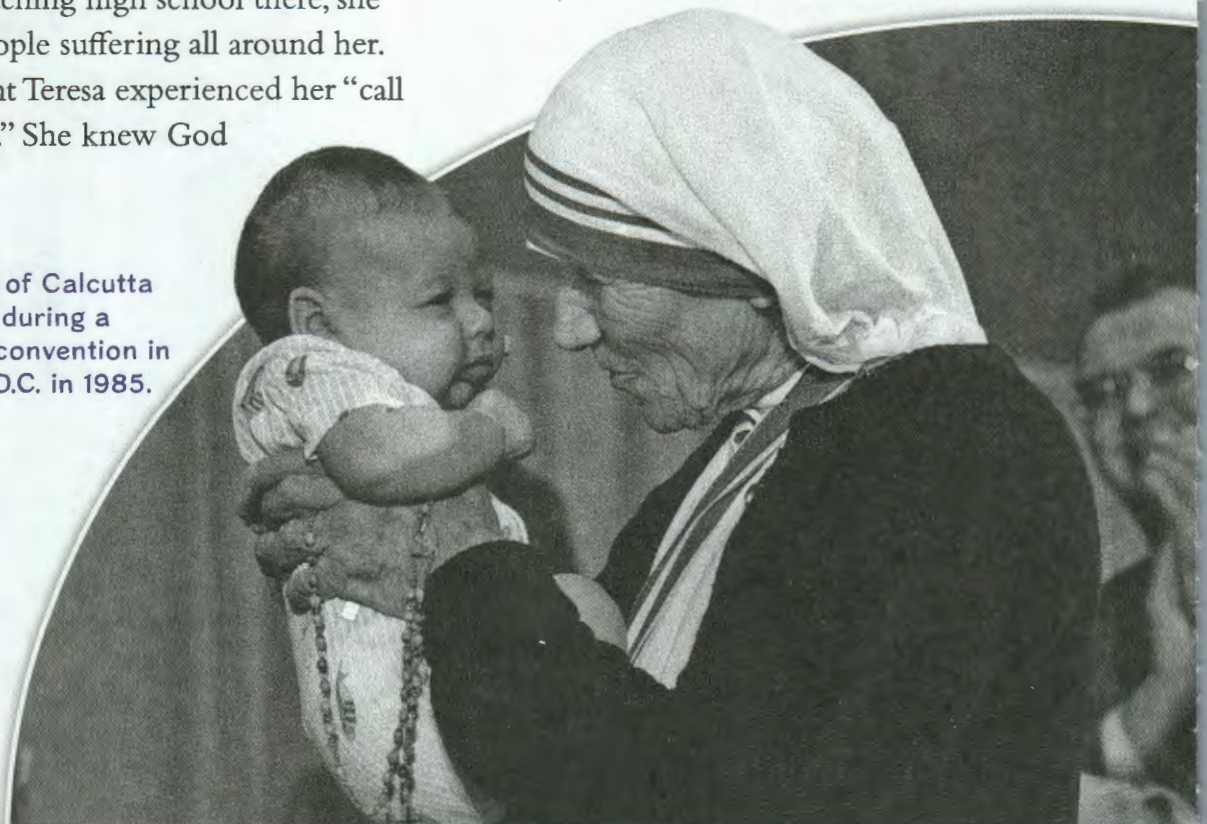
wanted her to begin a missionary order that served the poor.

In December 1948, after months of prayer and preparation, Saint Teresa began her new work. She dressed simply, in a white sari with blue trim. She spent long days in Calcutta's slums, caring for those dying in the streets. Then she recruited others to help her feed the hungry, tend the sick, and teach children.



Saint Teresa began her work with nothing, counting on God's providence. In her first school, she taught by writing in the dirt. As word of her work spread, volunteers joined her. People gave her money, food, clothing, supplies, and buildings.

Saint Teresa founded the Missionaries of Charity in Calcutta. This order now assists poor people all over the world.



The Mission Expands

Saint Teresa and her workers set up health clinics for the sick and open-air schools for children. They worked with blind people, elderly people, and disabled people. They established a leper colony and a hospice. All of these organizations showed the dignity God has given to each person. They also reflected the joy of a love-filled life.

Saint Teresa traveled to many places of extreme suffering, pain, and death, all effects of **Original Sin**. In Ethiopia, she helped famine victims. In Armenia, she assisted earthquake victims. She was called to help radiation victims near Chernobyl and war victims in Beirut.

She also received many honors, including the John XXIII Peace Prize in 1971 and the Nobel Peace Prize in 1979. She accepted these awards “for the glory of God and in the name of the poor.”

At the time of her death in 1998, Saint Teresa’s order had over 4,500 sisters and brothers working in more than 100 countries. The little woman in the white sari had shared her “call within a call,” and thousands of people had answered. Pope Francis canonized her in 2016.



Saint Teresa with mothers and children at her mission in Calcutta, India.

Catholic Faith Words

Original Sin the sin of our first parents, Adam and Eve, which led to the sinful condition of the human race from its beginning

Share Your Faith

Reflect Think about the way that Saint Teresa of Calcutta inspired others to share her mission. Write how you think her story reflects Jesus’ teachings.

Share With a partner, talk about the qualities Saint Teresa of Calcutta must have had to be so faithful.

Work of Redemption

What is the Paschal Mystery, and how is it celebrated?

Because of Original Sin, life on Earth includes suffering and death. The good news is that Jesus broke the power of evil through his **sacrifice**—choosing to suffer and die on the Cross. He is the Redeemer of the human race, bringing it back from the slavery of sin and everlasting death. The Gospel according to Luke tells us that the Resurrection was first discovered and announced by several women who were followers of Jesus.

Catholic Faith Words

sacrifice giving up something out of love for someone else or for the common good (the good of everyone). Jesus sacrificed his life for all people.

Paschal Mystery Christ's work of redemption through his suffering, Death, Resurrection, and Ascension

liturgical year the feasts and seasons of the Church calendar that celebrate the Paschal Mystery of Christ

Scripture

The Resurrection of Jesus

They [the angels] said to [the women], "Why do you seek the living one among the dead? He is not here, but he has been raised. Remember what he said to you while he was still in Galilee, that the Son of Man must be handed over to sinners and be crucified, and rise on the third day." And they remembered his words. Then they returned from the tomb and announced all these things to the eleven and to all the others. **Luke 24:5b-9**








The Three Maries at the Tomb,
by Fra Angelico.



The Resurrection, Jesus being raised from death to new life by God the Father through the power of the Holy Spirit, is the cornerstone of the Paschal Mystery. The **Paschal Mystery** refers to the suffering, Death, Resurrection, and Ascension of Jesus. Because of it, Christians live in hope.

You participate in the Paschal Mystery throughout the **liturgical year**. You are united to this mystery through the grace of the Holy Spirit that you first received in the Sacrament of Baptism and that you celebrate in the Sacrament of Eucharist.

Participating in the Paschal Mystery

	Baptism	You die with Christ in the waters of Baptism, and then you are raised to the new life of grace.
	Confirmation	You die to selfishness and live in compassion as the Holy Spirit moves you to acts of charity and service.
	Eucharist	This sacrificial meal is the greatest celebration of the Paschal Mystery. You enter into Jesus' saving Death and Resurrection. You are raised and sent forth to serve God as Jesus did.
	Holy Orders	You die to selfishness in your own will and needs and are raised to a new life of ordained ministry to God's people.
	Matrimony	You die to yourself and rise to new life in a family as you become one with another.
	Penance and Reconciliation	You die to sin and are raised to new life in forgiveness and community.
	Anointing of the Sick	You become one with Jesus' suffering and Death and rise to renewed health or pass over to eternal life.

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The Celebration of the Mystery

Death is not the end but the beginning of life forever with God. Every Sunday is a day of joy as the Church remembers the Resurrection of Jesus. Because of the Resurrection, we believe that Jesus will one day return in glory.

Each of the Seven Sacraments celebrates, in some way, the Paschal Mystery of Jesus' dying and rising to new life. Each offers a new way of looking at

the mystery of your life. Jesus, who died and was raised, is at work in and through the Sacraments.

Connect Your Faith

Role-Play the Resurrection Story

With your group, act out the story of the discovery of Jesus' Resurrection as recorded in Luke 24:1–12. When you have finished, imagine that you are one of the first disciples and write a message to a friend, telling what you have seen and what it means.

Our Catholic Life

What images remind you of Jesus' Death and Resurrection?

The Paschal Mystery is central to the Catholic faith. The Church uses art and design to illustrate this truth of the mystery of Jesus's dying and rising to new life, and to help us understand it.



Complete the descriptions of the symbols with words from the Word List.

Symbols of Victory

<p>Cross and Shroud</p>	<p>In the empty tomb, the disciples found only a burial cloth. A white cloth hanging over the Cross is a symbol of Christ's Death and Resurrection.</p>	<p>Word List arms life Christ water lamb five</p>
<p>Baptismal Font</p>	<p>The vessel of _____ for Baptism is a symbol of the Paschal Mystery. Through Baptism, you share in the Paschal Mystery and receive new _____. (See Romans 6:4.)</p>	
<p>Risen Christ on the Cross</p>	<p>A crucifix displays the risen Savior. His _____ extend to embrace the world he has redeemed.</p>	
<p>Victorious Lamb</p>	<p>Christ is compared to the Passover lamb, whose blood saved the people. A victory pennant, held high by the _____, symbolizes the Resurrection.</p>	
<p>Paschal Candle</p>	<p>This large candle is a symbol of _____ and the new life of the Resurrection. The five grains of incense in the candle recall his _____ wounds.</p>	

People of Faith

February 6

Saint Paul Miki, c. 1564–1597

Saint Paul Miki came from a wealthy Japanese family. He wanted to become a priest. While he was studying to be ordained, he convinced many people to become Christian. The ruler of Japan was afraid that Christians would take over, so he had Paul and twenty-five others tied to crosses and then stabbed. Through his suffering, Saint Paul shared in the Paschal Mystery of Christ. As he hung on the cross, he talked about Jesus. He wasn't afraid to die, because he knew that death was not the end, but the beginning of life forever with God in Heaven.



Discuss: How does offering up something you don't like to do help you share in the Paschal Mystery?



Learn more about Saint Paul Miki at aliveinchrist.osv.com

Live Your Faith

Create a banner that explains one way you show your belief in the Resurrection, the cornerstone of the Paschal Mystery.



 Let Us Pray

Prayer of Praise

Gather and begin with the Sign of the Cross.

Leader: Jesus, you are risen from the dead and call us to walk in newness of life. We trust in you. We shall not fear.

Reader 1: We shall not fear the lightning or thunder, the roar of the sea, or the trembling of the Earth.

All: Alleluia.

Reader 2: We shall not fear the dark of night, the emptiness of silence, or the times of being alone.

All: Alleluia.

Reader 3: We shall not fear the jeers of our enemies or the smallness and meanness of those who wish us harm.

All: Alleluia.

Leader: Yes, Lord, by embracing death for our sake, you have shown us that death cannot overcome the power of life. By your glorious Resurrection, you have conquered sin and death, and you give us the courage to sing:



Sing "Alle, Alle, Alleluia"

Alle, alle, alleluia,

alle, alle, alleluia.

Alle, alle, alleluia.

Alle, alle, alle, alleluia.

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and Missionaries of the Poor.



YOUR CHILD LEARNED >>>

This chapter describes the Paschal Mystery and explains how each of the Seven Sacraments celebrates Christ's work of redemption and new life.

Scripture



Read **Revelation 21:3–6** to find out about the hope of eternal life.

Catholics Believe

- Through his sacrifice, Jesus Christ is the Redeemer of the human race.
- Through the Sacraments, Christ unites his followers to his Paschal Mystery—Passion, Death, Resurrection, and Ascension.

To learn more, go to the *Catechism of the Catholic Church* #515, 571, 618, 628, 654, 655, 1010, 1067, 1076 at usccb.org.

People of Faith

This week, your child learned about Saint Paul Miki, a sixteenth-century Japanese convert and martyr who was crucified for his faith.

CHILDREN AT THIS AGE >>>

How They Understand New Life As Catholics, we are intimately connected with the Paschal Mystery. Baptized into Jesus' Death and reborn as sons and daughters of God, we are often able to see our own lives as a series of endings and new beginnings. Children in fifth grade will be less able to make this abstract connection between the Paschal Mystery and their own lives, partly due to their limited life experience and partly due to their concrete style of thinking. However, spending some time in reflection on this mystery helps to lay the foundations for finding greater meaning in the endings and beginnings of life.



CONSIDER THIS >>>

Have you ever looked into a newborn child's eyes and wondered at the possibilities?

It is the wonder of possibility that makes everyone want to gaze at the face of an infant. Yet, nothing in our life offers more possibility of new life than Jesus' suffering, Death, and Resurrection. We call this the Paschal Mystery. Death is not the end but the beginning of life forever with God. As Catholics, we know that "above all it is in the Paschal Mystery... that we participate most profoundly in the mystery of Christ.... In Christ we die to self and sin. We rise to participate in his divine life through the Resurrection" (*USCCA, p. 80*).

LET'S TALK >>>

- Ask your child to explain how Saint Teresa of Calcutta joined her life to Christ's in the Paschal Mystery.
- Read together Luke's account of the Resurrection, in Luke 24:1–12.

LET'S PRAY >>>



Saint Paul Miki, pray for us that we may always be willing to talk about Jesus and to forgive those who hurt us. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.

Chapter 9 Review

A Work with Words Match each description in Column 1 with the correct term in Column 2.

Column 1

1. founded the Missionaries of Charity in Calcutta, India
2. asked the women at the tomb why they were seeking Jesus among the dead
3. refers to the suffering, Death, Resurrection, and Ascension of Jesus
4. rising to new life in a family as you become one with another
5. the greatest celebration of the Paschal Mystery

Column 2

- Matrimony
- Paschal Mystery
- Blessed Mother Teresa
- Eucharist
- Angels

B Check Understanding Cross out any incorrect answers you find in the items below.

6. Christ communicates the saving effects of his Paschal Mystery through the Seven Sacraments, such as (**Baptism, Confirmation, Thanksgiving, Reconciliation**).
7. (**Baptismal fonts, bread and wine, the Cross and shroud, Paschal candles**) are images of the Paschal Mystery.
8. All people need Christ the Redeemer to free them from (**bondage to sin, the reign of death, mistakes they have made**).
9. Jesus' suffering and Death on the Cross means that you can (**avoid all suffering in this life, live forever with God, share in the Paschal Mystery**).
10. Jesus' Resurrection is (**remembered at Mass every Sunday, less important than other truths of the Catholic faith, a part of the Paschal Mystery**).

